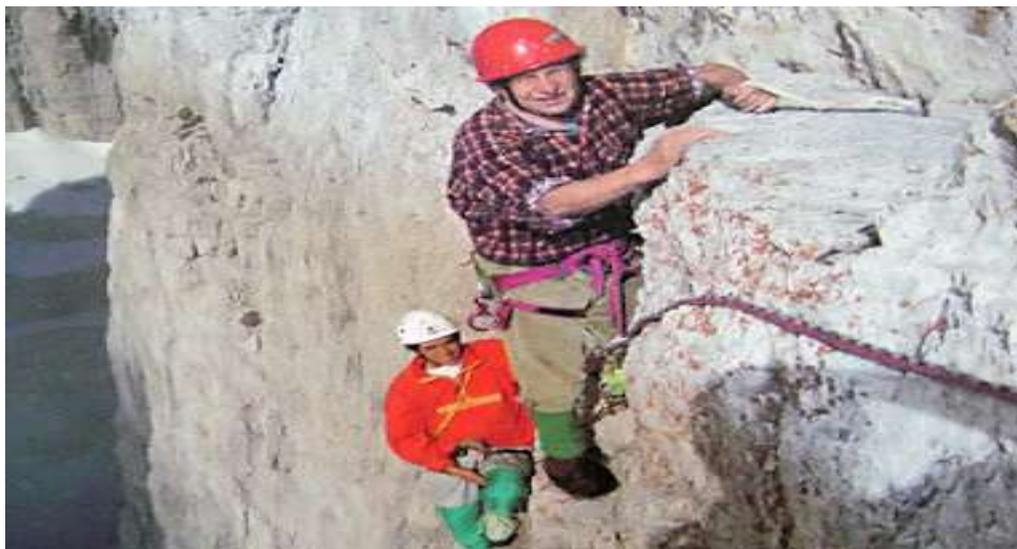


Inglés intermedio





Individual



Partner



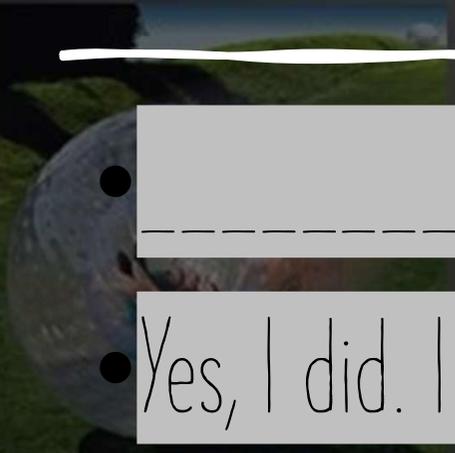
Sports



Team



Extreme

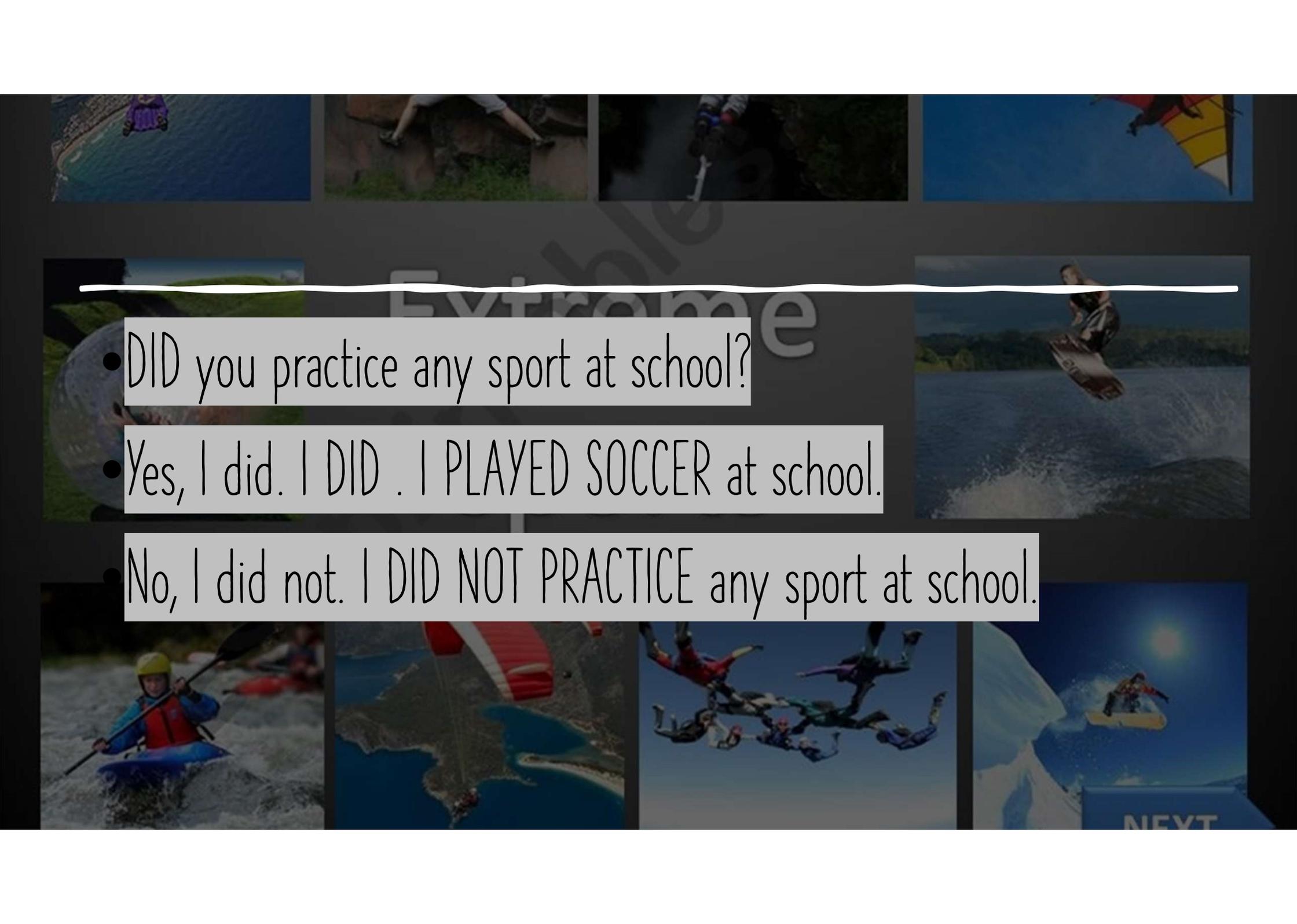


• _____ you practice any sport at school?

• Yes, I did. I _____. I _____ (play) _____ at school.

• No, I did not. I _____ (practice) any sport at school.





• DID you practice any sport at school?

• Yes, I did. I DID . I PLAYED SOCCER at school.

• No, I did not. I DID NOT PRACTICE any sport at school.

1. What sports did you already know?

(Two examples)

2. What sports did you NOT know?

(Two examples)

3. Which one do you find attractive?

4. Which one would you like to try?





Bodyboarding



Bungee jumping

Karting

Kayaking

Abseiling

Base jumping

Parkour

Hiking



- Vocabulary practice

Describe one of the extreme sports in the activity.

[https://es.liveworksheets.com/worksheets/en/English as a Second Language \(ESL\)/Sports/Extreme sports hi949095ef](https://es.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Sports/Extreme_sports_hi949095ef)



Adjectives to talk about extreme sports

- What are adjectives?
- Write down one or two of the adjectives in the video.

Marco: Do you like extreme sports?

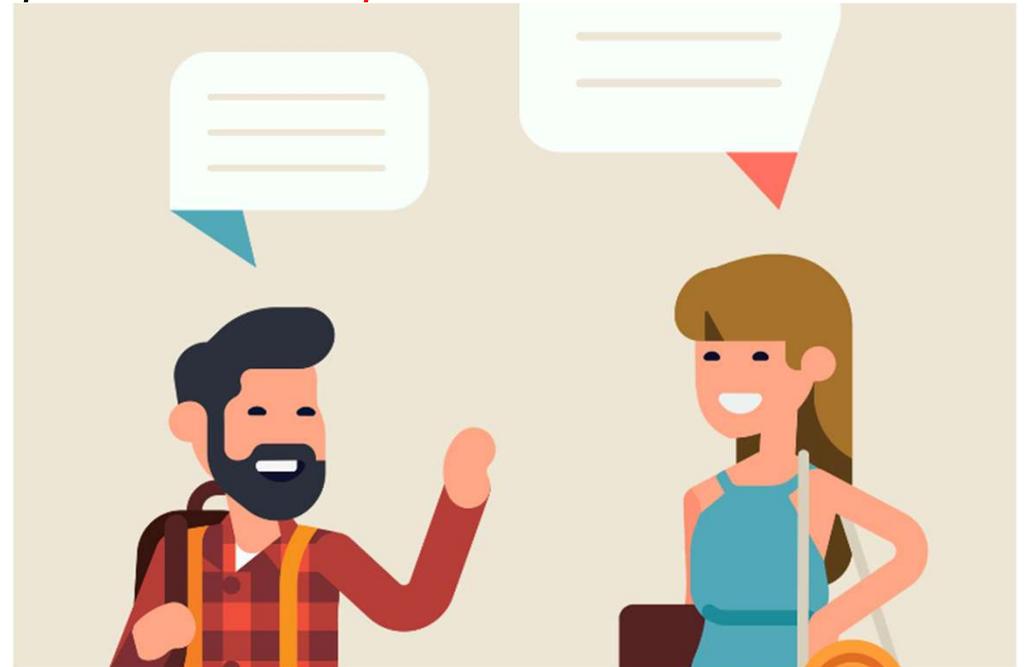
Lara: No, I really do not like them very much. They make me feel frightened. Do you?



- a) They are insane.
- b) They are scary.
- c) They are exciting.

Marco: Do you like extreme sports?

Lara: No, I really do not like them very much. They make me feel frightened. Do you?



a) They are insane.

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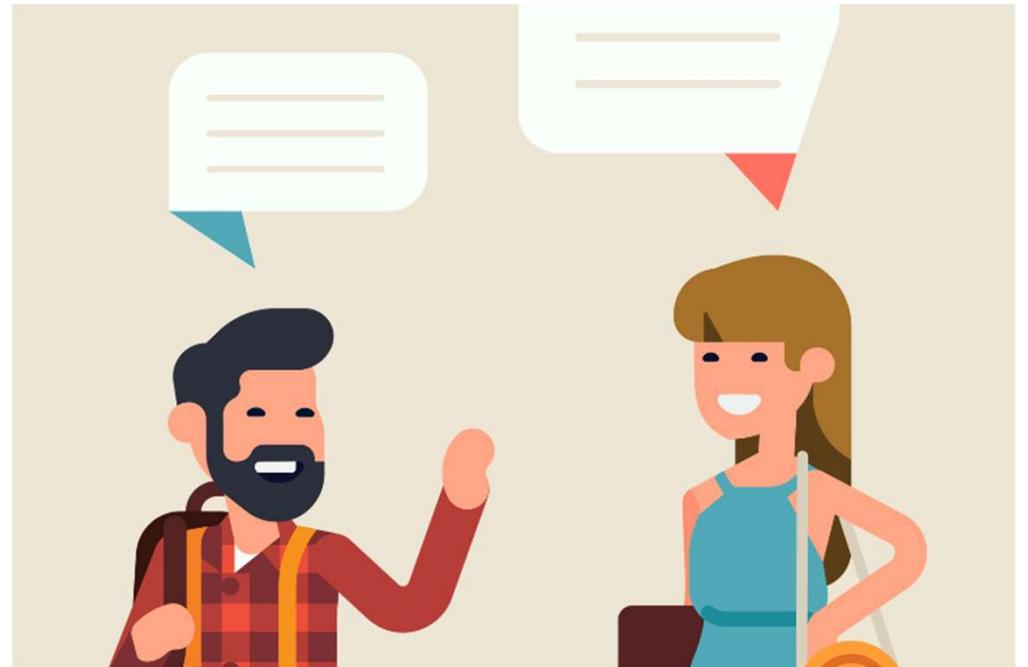
c) They are exciting.

Marco: Do you like extreme sports?

Lara: No, I really do not like them very much. They are scary. Do you?

Marco: Oh, yes, I do. I am addicted to them. I think **they are interesting and full of action.**

- a) They are insane.
- b) They are scary.
- c) They are exciting.



Marco: Do you like extreme sports?

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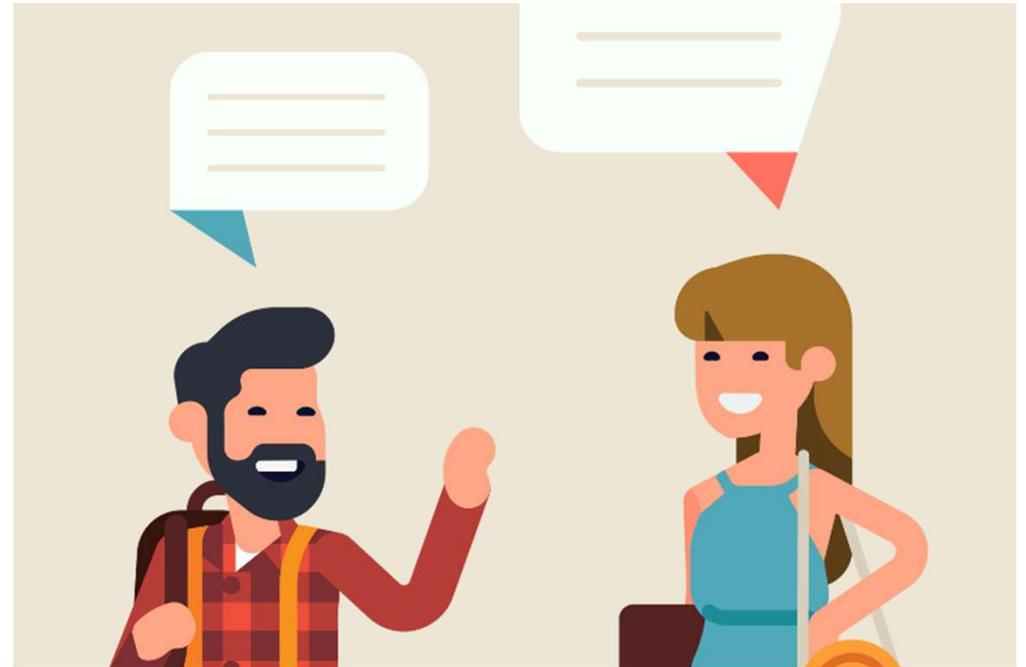


Lara: Well, personally, I think it is _____ to risk your life like that.

a) insane.

b) scary.

c) exciting.

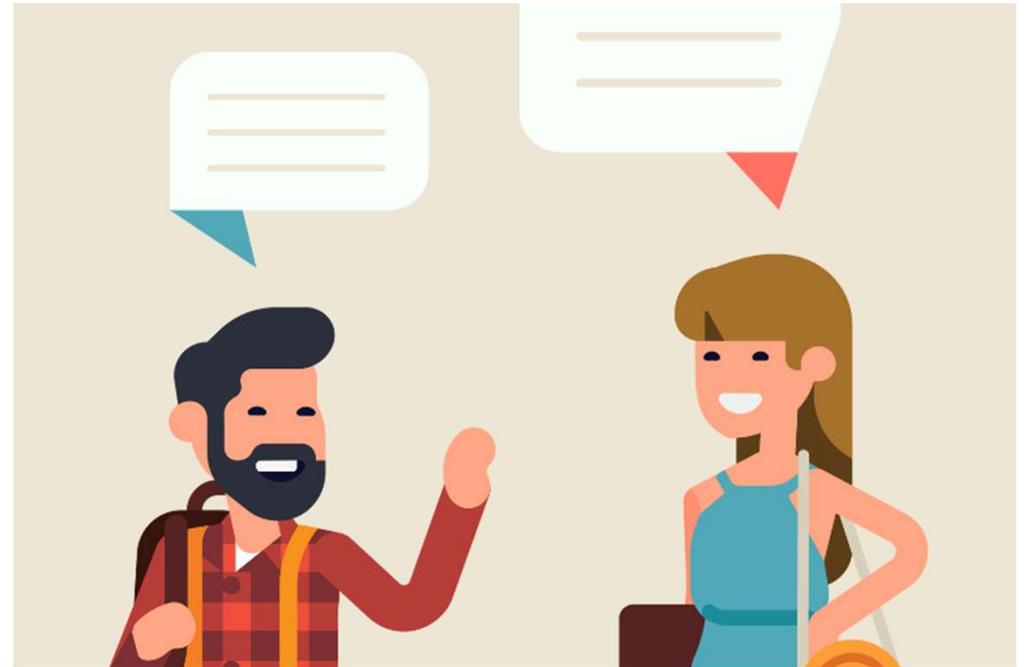


Lara: Well, personally, I think it is _____ to risk your life like that.

a) insane.

b) scary.

c) exciting.



Marco: Oh but, think of the a) adrenalin/adrenaline you feel when you jump off a cliff in Acapulco when you climb to the top of Mont Blanc.

Lara: It's silly, and very dangerous.



Marco: No, it is not. You just need to have the b) safety / safety equipment with you and proper training. You know? I was planning to go climbing this summer, but I broke my leg bungee jumping in Arizona.

Lara: You see? No, thank you. I prefer to keep my feet on the ground.

Marco: Nonsense, you should come with me next time.

Lara: Yeah, right!

Marco: Oh but, think of the **adrenalin** you feel when you jump off a cliff in Acapulco. Or when you climb to the top of Mont Blanc.

Lara: It's silly, and very dangerous.



Marco: No, it is not. You just need to have the **safety** equipment with you and proper training. You know? I was planning to go climbing this summer, but I broke my leg bungee jumping in Arizona.

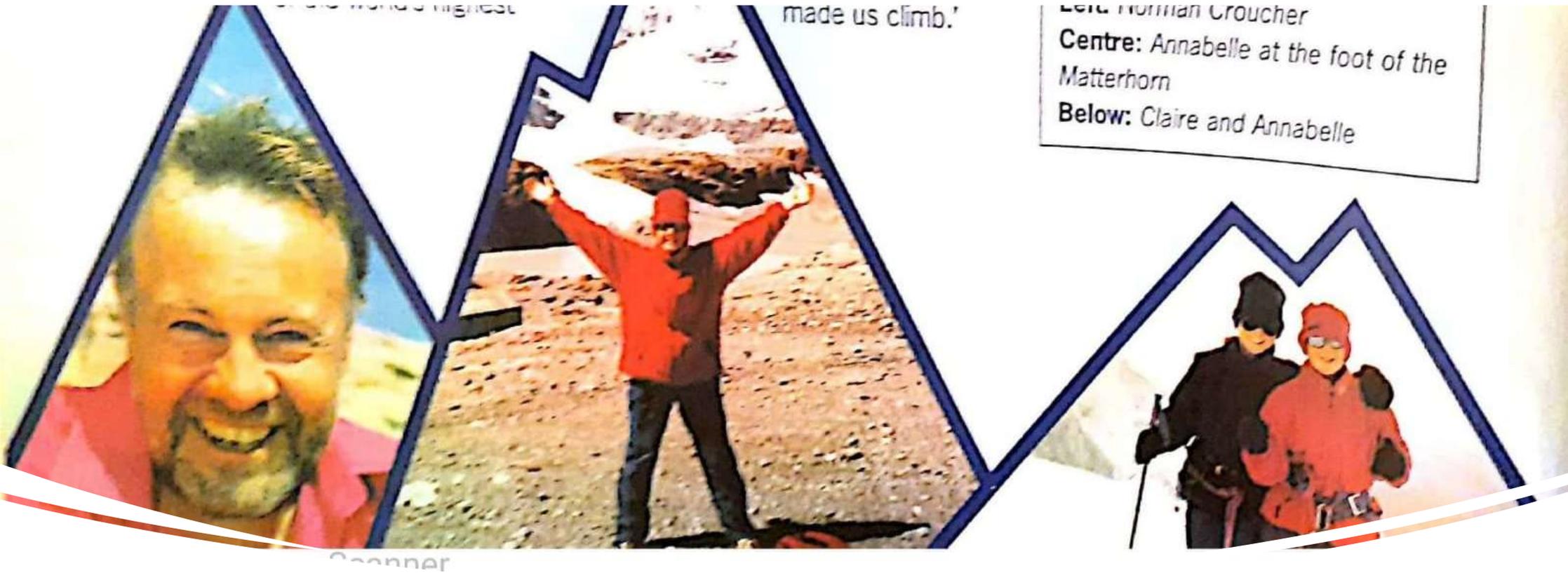
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Marco: Nonsense, you should come with me next time.

Lara: Yeah, right!



Do you agree with Marco
or with Lara? Why?
Tell the group about your
opinion on extreme sports.



- What sport is the reading about?
- Is it an extreme sport?

Name of climbers:

Ages:

Nationality:

Occupation:

Trainer:

Mountain attempted:

Country:

Climbing is our life

Last summer Annabelle Jones and Claire Hippert, two 17-year-old English schoolgirls, decided to climb the Matterhorn, the famous snow-covered mountain in Switzerland. The Matterhorn is popular with mountain climbers because it is so difficult to climb.

The girls first got the idea for a climbing expedition a few years ago, when a well-known disabled climber, Norman Croucher, gave a talk at their school. Norman lost both his legs in a train accident when he was nineteen, but he has climbed some of the world's highest

mountains on his artificial legs. 'He inspired us,' said Claire.

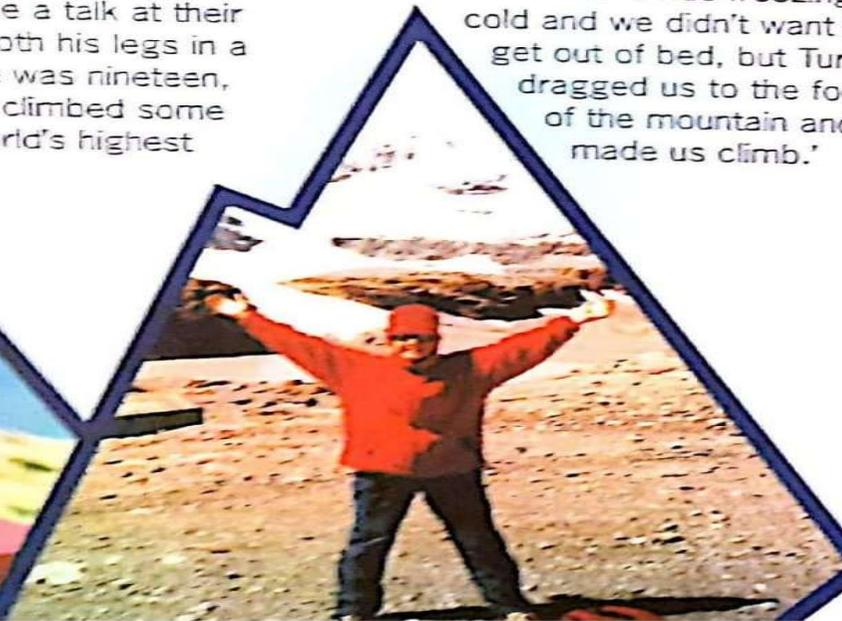
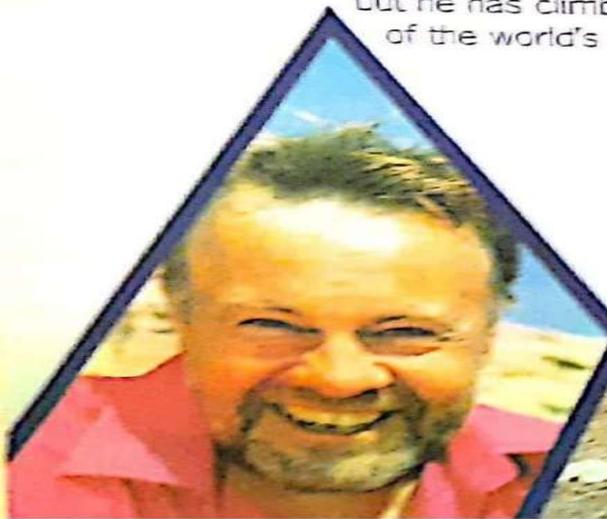
Then the girls met a well-known mountaineer called Turbo Thomas and he became their trainer. For the next two years he took them climbing in the Swiss Alps during the summer holidays and they trained very hard. 'It wasn't easy,' said Annabelle. 'The weather was often a problem.

Sometimes it was freezing cold and we didn't want to get out of bed, but Turbo dragged us to the foot of the mountain and made us climb.'

The girls kept going and finally they were ready to try the Matterhorn. They made a date for the last week in August and travelled to Zermatt. They started to climb but unfortunately the weather beat them. 'It rained every day so it was impossible to climb very far,' said Claire.

Are they disappointed? 'Definitely not,' said Annabelle. 'I know we didn't get to the top, but we'll be back next summer to try again! Climbing is our life.'

Left: Norman Croucher
Centre: Annabelle at the foot of the Matterhorn
Below: Claire and Annabelle



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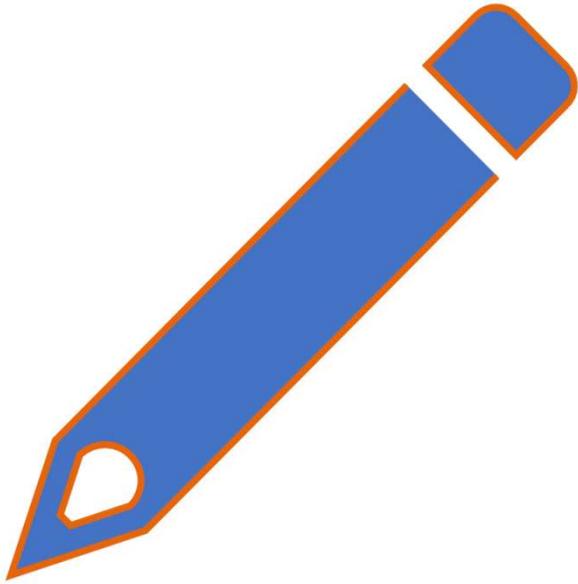


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b) Answer the questions.

- 1 Why did the girls start mountain climbing?
- 2 Where and how did they train?
- 3 Why was the training difficult?
- 4 Did they climb the Matterhorn?
- 5 Why are they going to return to Zermatt next summer



- Find 2 sentences with verb to be in simple past.
- Write the past tense of these actions:

1. Give a talk =

2. Train very hard =

3. Get out of bed =

4. Keep going =

5. Make a date =

- *What is the meaning of these phrases?*
- *How could you use them in a sentence? For example:*

Let's make a date for lunch next week.

<https://youtu.be/9qEbjw 10-o>



Discussion

- When do accidents happen on mountains?
- Why?
- What do people often fail to do?



'mount(ə)n

Pronunciation Check - Stop "T"

- Mountain
- Button
- Curtain
- Sentence



9 > Practice

Join the sentences in two ways, with *so* and *because*.

- 1 *It started to rain so we went back home.*
We went back home because it started to rain.
- 1 It started to rain. We went back home.
- 2 I went to bed late last night. I slept late this morning.
- 3 He couldn't find his pen. He wrote his homework in pencil.
- 4 There was nothing good on TV. They decided to rent a video.
- 5 The fans started to fight. The police came on to the pitch.



1 > Complete the sentences with the present simple or present continuous form of the verb in brackets.

What ... your brother ... today? (do)

What is your brother doing today?

1 My mother ... coffee. (not drink)

2 Where ... he ... in South Africa? (come from)

3 My parents ... in Scotland at the moment. (climb)

4 ... they ... football every Saturday? (play)

5 Anna usually ... her homework in bed. (do)

6 ... they ... a good holiday? (have)

My mother does not drink coffee.

Where does he come from?

My parents are climbing in Scotland at the moment.

Do they play football every Saturday?

Anna usually does he homework in bed.

Are they having a good holiday?

2 > Complete the text with the correct verbs in the past tense.

- think • put out • can • be • jump • run • wake
- lose • survive • realise • phone • arrive • scream

When Sam Collins ¹ woke up early one morning last year, she ² ... it was just another day. 'But then I ³ ... smell smoke. I ⁴ ... the awful truth. Our house ⁵ ... on fire! I ⁶ ... out of bed and ⁷ ... "Fire!" Mum quickly ⁸ ... the fire brigade and we all ⁹ ... outside. The fire engine ¹⁰ ... in a few minutes and ¹¹ ... the fire. I ¹² ... all my clothes in the fire but at least we all ¹³'

woke

thought

could

realised

was

jumped

screamed

phoned

ran

arrived

put out

lost

survived

Progress update Units 1 and 2

How do you rate your progress? Tick the chart.

	Excellent ★★★★	Good ★★★	OK ★★	Can do better ★
Grammar				
Vocabulary				
Communication				