

## **Present Continuous Tense**

Present Continuous Tense indicate an action which is in progress at the time of speaking or at the present time.

POSITIVE (+)	NEGATIVE (-)	QUESTION (?)
I am starting	I am not (I'm not) starting	Am I starting
You are starting	You are not (aren't) starting	Are you starting
He is starting	He is not (isn't) starting	Is he starting
She is starting	She is not (isn't) starting	Is she starting
It is starting	It is not (isn't) starting	Is it starting
We are starting	We are not (aren't) starting	Are we starting
You are starting	You are not (aren't) starting	Are you starting
They are starting	They are not (aren't) starting	Are they starting

Adapted from: